



## Introduction Ideas

**Please pick an introduction from the options below or mix and match them if one does not suit.**

### **For Diversity, Equity and Inclusion related speeches**

Our guest speaker today is Hayley Barnard, a specialist in diversity, equity and inclusion (*or Inclusive Leadership or Unconscious Bias – choose the appropriate one*). She has asked me not to say any more because she would like you to form your own first impression.

Please join me in welcoming to the stage... Hayley Barnard

### **For Motivational / General Leadership speeches**

Today's guest speaker is no stranger to adapting to change and staying resilient in the face of challenge. From becoming a board director of a multi-national company by age 26, to Arctic expeditions and swimming the Channel, she has achieved some remarkable things despite numerous setbacks.

Please join me in welcoming to the stage... Hayley Barnard

Our guest speaker today has made a feature of using periods of change to get ahead. You're going to hear stories from her business life as someone who became a board director of a multi-national company by age 26 and went on to found 3 companies, as well as stories from the world of arctic expeditions and cross channel swimming.

Please join me in welcoming Hayley Barnard.

Our speaker today chooses to challenge on a regular basis. In her day job as the CEO of MIX Diversity Developers she has advised some of the biggest brands in the world, such as Capital One, Microsoft and Nissan, challenging them to strive for greater inclusion and diversity around gender, race LGBT+ and disability. Yet today she's here to share more personal insights and stories of how we can all choose to challenge both ourselves and support others. She's got some great tips for us on personal resilience and self-support.

Over to you Hayley.

**NB – Barnard is pronounced with equal emphasis on both syllables: Bar-nard. Visit my LinkedIn to hear a recording of how I say my name.**